



URBAN GREEN LA MENU

FALL SEASON: Apricots, Asparagus, Avocados, Basil, Green Beans, Beets, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Chard, Cherries, Citrus: Grapefruits, Kumquats, Lemons, Navel Oranges, Tangelos/ Tangerines, Valencia Oranges, Collards, Corn, Cucumber, Medjool Dates, Eggplant, Figs, Kale, Kohlrabi, Lettuce, Mushroom, Mustard, Nectarines, Okra, Onion, Green Onion, Passion Fruit, Peaches, Asian Pears, Black-eyed Peas, Green Peas, Plums, Potatoes, Raspberries, Spinach, Summer Squash, Strawberries, Tomatoes, Turnips

INGREDIENTS PICKED FRESH FROM: URBAN GREEN LA FARMS – CLOVER MEADOWS, GENESIS SPROUTS, JAIME FARMS & GREER FAMILY FARMS, SANTA MONICA FARMERS' MARKET

Shredded BBQ Beef Brisket Coated in a Hickory
BBQ Sauce and sides of Shredded Sharp Cheddar/Jack Cheese & Hawaiian Rolls
– Contains Meat & Gluten Free

Shredded BBQ Chicken Coated in Sweet & Spicy BBQ
Sauce and sides of Shredded Sharp Cheddar/Jack Cheese & Hawaiian Rolls –
Contains Meat & Gluten Free

Chili Rellenos Stuffed Poblano Peppers, fresh Non GMO Corn
Kernels, Black Beans in Tomato Cilantro Chutney – Vegan & Gluten Free

Creole Mustard Potato Salad Tossed in our house
Creole Mustard, Dill, Parsley, Cider Vinegar (no mayonnaise) – Vegan & Gluten Free & Dairy Free

Cole Slaw Shredded Green Cabbage, Green Onion, Parsley,
Mayonnaise, Sour Cream, Clover Honey Mustard – Vegetarian & Gluten Free

Roasted Fennel Salad Romaine Lettuce, Radicchio,
Tarragon with side of zesty Lemon Vinaigrette – Vegan & Gluten Free & Dairy Free

FOOD FOR THOUGHT. THOUGHT FOR FOOD.