URBAN GREEN LA

MENU

FALL SEASON: Apricots, Asparagus, Avocados, Basil, Green Beans, Beets, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Chard, Cherries, Citrus: Grapefruits, Kumquats, Lemons, Navel Oranges, Tangelos/ Tangerines, Valencia Oranges, Collards, Corn, Cucumber, Medjool Dates, Eggplant, Figs, Kale, Kohlrabi, Lettuce, Mushroom, Mustard, Nectarines, Okra, Onion, Green Onion, Passion Fruit, Peaches, Asian Pears, Black-eyed Peas, Green Peas, Plums, Potatoes, Raspberries, Spinach, Summer Squash, Strawberries, Tomatoes, Turnips

INGREDIENTS PICKED FRESH FROM: URBAN GREEN LA FARMS – CLOVER MEADOWS, GENISIS SPROUTS, JAIME FARMS & GREER FAMILY FARMS, SANTA MONICA FARMERS' MARKET

Chicken Curry **Yellow Onion, Red Chili Pepper, Green Chili Pepper, Fresh Ginger, Garlic Cloves, Chopped Tomato, Coconut Milk, Chili Powder, Turmeric, Curry Powder, Ground Coriander, Vegetable Oil, Kosher Salt** – Contains Meat & Gluten Free

Cod Curry **Turmeric, chopped Onion, Garlic, Cloves Cumin, Coriander, Cardamon, Kosher Salt, seeded diced Jalapeno Peppers, chopped Cilantro, Lemon Juice, chopped Tomatoes** – Contains Meat & Gluten Free

Vegetable Curry **Yellow Onion, Carrots, Curry Powder, Turmeric, Cumin, Cayenne, Curry Powder, Garlic Cloves, Red Pepper Flakes, Cauliflower, Potatoes, Carrots, Chopped Tomato, Chickpeas, Vegetable Broth, Cilantro, Coconut Milk, Fresh Lime Juice, Kosher Salt, Black Pepper** – Vegan & Gluten Free

Basmati Rice **Infused with Fresh Cilantro** – Vegan

Hare Mutter Ki Samosa with Mango Chutney **Empanada wrappers filled with fresh Ginger, Cumin Seed, Green Peas, Jalapeno, Cilantro, ground Coriander, and side of Mango Chutney** – Vegan & Dairy Free

FOOD FOR THOUGHT. THOUGHT FOR FOOD.

Crunchy Cauliflower & Tomato Salad

Chopped Cauliflower, halved Cherry Tomatoes, minced Red Onion, White Wine Vinegar, Lemon Juice, Kosher Salt, Ground Black Pepper, minced – Vegan & Gluten Free